Next Steps: Theologians call Psalm 32 a "penitential" Psalm. "Penitential" has to do with remorse, sorrow and regret. There are "7 Penitential Psalms" in the Book of Psalms. Spend some time each day this week reading each of these 7 Psalms. King David wrote five of these seven Psalms, indicating this warrior-king had a tender heart for God. What words or phrases catch your attention? As sincerely as you can, "pray" through each of these Psalms. Insert your life and your life situation into these wonderful Psalms of confession, forgiveness and mercy.

Psalm 6

Psalm 32

Psalm 38

Psalm 51

Psalm 102

Psalm 130

Psalm 143

"This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all. So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts. 1 John 1:5-10 NLT

Next Week: Most of us have big questions about our lives, the Bible and God. As we continue to seek answers to these questions we will be asking and answering this question: What is God like? At best this is only going to be a partial answer. There is not enough time in this life or wisdom in this world to fully answer that question. But, we are able to know some of God's characteristics with absolute certainty. And knowing more about God will help us as we live our lives on this earth.