

THIS ISSUE'S  
 THEME:

## gratitude

## What does **gratitude** mean?

Gratitude is more than just saying "thank you" when someone gives you something. It is having a thankful heart and showing appreciation for the people and things around you. Showing you are thankful is often more powerful than just saying "thank you". How can you show your thankfulness today?

## King David



### Memory Verse:

**"Give thanks to the Lord, for He is good.  
 His love endures forever.: Psalm 106:1**

Write out the memory verse to help you remember it

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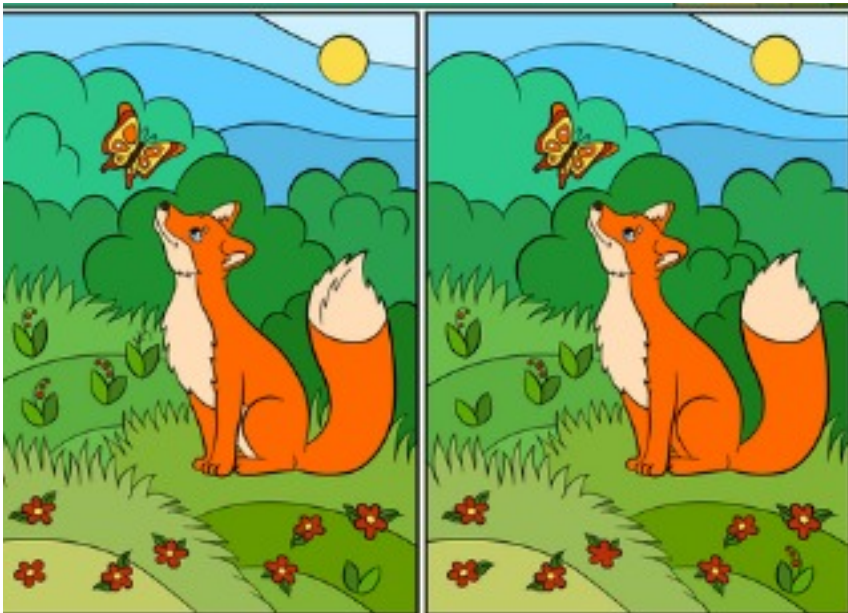


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## Can you spot the 12 differences?



Remember that little boy David who stood up to the giant because he knew God would protect him? Well, that little boy grew up and God chose him to be king of Israel. King David wasn't always perfect. He was human and made bad choices just like we do, but God described King David as "a man after [his] own heart". David loved God. David also loved music and expressing his feelings by writing songs and singing out to God. We can read some of his songs in the Bible in the book of Psalms. Reading through the Psalms of David, you find that David sang to God when he was happy, scared, mad and everything in between. David wasn't afraid to go to God when he had strong emotions. He knew God wanted to hear about it because God loved him. When you read through the Psalms another thing you might notice is that even when David was sad, scared or very angry, he still included things he was thankful for. David set a good example for us. It's easy to be thankful when someone gives you something nice or does something thoughtful for you, but God challenges us to have thankful hearts all the time...even when things aren't going the way we think they should be going. God reminds us to not focus on what is going wrong but to always remember the things that are going right in the midst of all the wrongness. I challenge you to be like David and write out your feelings to God, whether you are happy, sad, frustrated or just plain mad. And like David, remember in that moment to tell God what you are thankful for as well.

# September Birthdays



Scarlett 19th  
 Noah 21st  
 Audrey 21st  
 Evan T. 24th  
 Ella 27th  
 Jameson 27th  
 Preston 30th

**Join us for a birthday zoom  
 on September 30th @ 6pm  
 to celebrate our September  
 birthdays!**



**Ms. Allyson**

HOW DID SHE DO GET HER HAIR TO  
 DO THAT?!

Maybe it's the way she wakes up  
 every morning...

Maybe her kids scared her and  
 her hair stayed that way...

Fishing line? Hairspray?

Only Ms. Allyson knows her  
 secret!



I mus-tache you something 

email nina your response and see it published in the next newsletter  
 nina@clairemontcov.org

**What are you thankful for?**

# GRATITUDE IN THE BIBLE

Read one of the following Scripture each day  
 on your own or with adult, friend or pet who  
 likes to read. **Have your parents email Nina  
 letting her know you read the whole list  
 to get a little treat delivered** 😊

Day 1 \_\_\_ Colossians 2:6-7

Day 2 \_\_\_ 1 Chronicles 16:8-13

Day 3 \_\_\_ 1 Chronicles 16:23-27

Day 4 \_\_\_ 1 Chronicles 16:31-36

Day 5 \_\_\_ Psalm 75:1

Day 6 \_\_\_ 1 Thessalonians 5:16-19

Day 7 \_\_\_ Psalm 7:17

Day 8 \_\_\_ Colossians 3:15-17



Why does Alyssa trust  
 God?

"I trust God because I  
 believe in Him and He  
 does what he says."

**We miss you!**

