

“Living Our Best Life”

Galatians 5:16-26

January 16, 2022

Living by the Spirit provides an _____
Galatians 5:16-18

Living by the Spirit _____
Galatians 5:19-21

Living by the Spirit develops _____
Galatians 5:22-26

Next Steps for Next Week

Try starting each day this week by praying the pray John Stott used daily:

Heavenly Father, I pray that I may live this day in your presence and please you more and more.

Lord Jesus, I pray that this day I may take up my cross and follow you.

Holy Spirit, I pray that this day you will fill me with yourself and cause your fruit to ripen in my life: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Self-Control:

What are the typical forms of lack of self-control that are evident in our culture today? How are Christians tempted in the same ways?

Where, in your own life, do you see the need for greater self-control? What steps will you take, spiritually and in practice, to cultivate this part of the fruit of the Spirit?

What are practical ways in which you could, by example, carry out what Paul tells Titus to do in the following passage: Titus 2:2-8

"² Teach the older men to exercise self-control, to be worthy of respect, and to live wisely. They must have sound faith and be filled with love and patience. ³ Similarly, teach the older women to live in a way that honors God. They must not slander others or be heavy drinkers. Instead, they should teach others what is good. ⁴ These older women must train the younger women to love their husbands and their children, ⁵ to live wisely and be pure, to work in their homes, to do good, and to be submissive to their husbands. Then they will not bring shame on the word of God. ⁶ In the same way, encourage the young men to live wisely. ⁷ And you yourself must be an example to them by doing good works of every kind. Let everything you do reflect the integrity and seriousness of your teaching. ⁸ Teach the truth so that your teaching can't be criticized. Then those who oppose us will be ashamed and have nothing bad to say about us."