

**The Fruit Of The Spirit Is: Gentleness**  
**Galatians 5:22-23**  
**January 9, 2022**

**If we want to reflect Jesus in our lives, we need gentleness because...**

**Jesus Is \_\_\_\_\_**  
**Matthew 11:28-30**

**Gentleness Is Expressed Through \_\_\_\_\_**  
**John 13:1-17**

**Gentleness Exercises \_\_\_\_\_**  
**Matthew 26:49-54**

## **Next Steps for Next Week**

**Monday:** Read Matthew 11:25-30. Jesus says we should come to Him because He is “Gentle.” How have you experienced the “gentleness” of Jesus in your life? What have you “learned” from Jesus through these experiences?

**Tuesday:** Read John 13:1-17. What do you think about Jesus washing the feet of His disciples? How does this act express gentleness? Have you ever humbly served someone in a way similar to this? What does Jesus promise as a result of humble service?

**Wednesday:** Read Matthew 26:47-56. What kind of power does Jesus have at His “disposal?” Why didn’t Jesus use this power? What are the times in your life when you could have exerted “power & authority” over others, but chose instead to be gentle? What resulted from your act(s) of “gentleness?”

**Thursday:** Read Philippians 4:1-9. What do you think was happening with Euodia and Syntyche? How has their disagreement impacted the church in Philippi and the surrounding community? How can we “let our gentleness be evident to all?”

**Friday:** Read Colossians 3:12-17. The imagery Paul uses of “getting dressed for the day” is very profound. How can “putting on” these “character qualities” each day change your relationship with your church, friends, family, classmates, neighbors and coworkers?

**Saturday:** Read 1 Peter 3:8-18a. We are called to give an answer to everyone who asks about our hope in Christ. Why would “gentleness and respect ” be essential to more effectively sharing our faith?

**Sunday:** Read 1 Timothy 6:6-16. What are we supposed to flee from and what are we supposed to pursue? How do these things strengthen our faith and honor Jesus?